

# Europe is female<sup>3</sup>

## Standing Up for All Women\*



„Each time a woman stands up for herself,  
without knowing it possibly,  
without claiming it,  
she stands up for all women.“

– *Maya Angelou*

Still today, women\* in European societies remain unequal. Furthermore, women are still underrepresented on many levels today. Whether in politics, science or in leadership positions in business – there is still a lot to do to create real equality. In addition, women and both their achievements as well as challenges oftentimes remain hidden to the larger public.

It is exactly here, where Europe is Female\* comes in: we want to create a safer space in which a group of young women\* comes together to learn and create artworks relating to their personal experiences. They share their personal stories and make them visible to new, larger audience – thus making their stories visible as well as their voices heard.

**About the Project**

**Europe is Female\*** is a project dedicated to empowering women\* from Germany, Sweden, and the Czech Republic, providing them with a platform to share their unique perspectives and experiences on gender equality and women's\* visibility in society.

In **three co-creation workshops**, participants create their own artworks centered on equality, participation, and female\* role models. Each workshop introduces them to a different art form, guided by local female\* artists, which they then explore in the following days while contributing their own ideas and reflections. Beyond the art workshops, participants come together for cultural evenings, explore the host cities, and engage in meaningful exchanges within the diverse group. After each workshop, they compile their learnings and creations, curating their own exhibitions that showcase their artworks, insights, and discussions from the sessions.

### Co-Creation Seminars

The co-creation seminars bring together 18 participants from three different countries, fostering a collaborative space for learning and artistic expression. Participants begin by exploring gender (in)equality, visibility, and representation, delving into historical perspectives to better understand the challenges that must be overcome to build a more just and equal society.

With this foundation, they are introduced to diverse art forms by local female\* artists and are encouraged to develop their own creative projects, reflecting on what they have learned and experienced. Each seminar focuses on a different art form, allowing participants to work individually or in small groups—entirely at their discretion. The artworks created during these workshops are then showcased in small exhibitions at the end of each seminar week.

Beyond artistic exploration, the seminars also provide opportunities for exchange with experts, politicians, and activists, offering valuable insights into social change and advocacy. Additionally, there is a strong focus on resilience and mindfulness, equipping participants with tools to navigate challenges and sustain their engagement in activism and creative expression.

Each seminar centers around a core theme, which is collectively decided by the participants. This ensures that the project remains participatory, shaped by their interests, perspectives, and creative visions at every stage.

The project consists of the following **three building blocks** (travel days included) in which **18 women\*** from the three countries will take part in:

- Project week in **Berlin**, Germany, from 26.04.25 – 01.05.25
- Project week in **Prague**, Czech Republic, from 24.06.25 - 29.06.25
- Project week in **Gotheburg/Malmö**, Sweden, from 28.09. – 03.10.23

### Each seminar consists of:

- **Topic Introductions** – Participants engage in discussions on gender equality, women's\* visibility, participation, and role models, gaining insights into intersectional historical and contemporary perspectives.

- **Art Workshop with a Local Artist** – Each seminar features a hands-on workshop led by a local female\* artist, introducing participants to different art forms and encouraging creative expression.
- **Space for Dialogue and Reflection** – A supportive and inclusive environment is fostered, allowing participants to share experiences, engage in meaningful discussions, and contribute to creating a safer space for all.

Each seminar spans four full days, providing participants with the opportunity to deeply engage with the group, the topics, and the surrounding environment. The program is designed to be immersive and intensive, with approximately six hours of structured activities per day. However, there will also be time for rest, socializing, and exploring the city after the co-creation sessions, ensuring a balanced and enriching experience.

### Who can participate?

- You live in **Germany, Sweden or the Czech-Republic**.
- You are a **woman\*** between the age of **18 and 30**.
- You are **interested in exchanging ideas with other women\* and learning** about gender equality and intersectional feminism.
- You are motivated to explore **different art forms** as a means of expressing your vision of the world—**no prior artistic experience required!**
- You have the **time and energy** to fully participate in **all three seminars in 2025**.

In order to apply, you only have to send a short motivation letter (max. 1 page) and the provided data sheet to **barbora.trckova@amo.cz**. **The application deadline is 18<sup>th</sup> of March 2025.**

We look forward to receiving your application and welcoming you to the project!